Calendar Term 4

**Week 2**
Tuesday 14 October  
Yr 5-6 Camp  
Wednesday 15 October  
Yr 5-6 Camp Return  
Thursday 16 October  
Triple P Parenting Program  
12:30 Stage 2 Assembly  
2:15 Stage 3 Assembly

**Week 3**
Monday 20 October  
Yr 5 to Powerhouse Museum  
Tuesday 21 October  
Kinder Transition 2  
Thursday 23 October  
11:30 Year 1 Assembly  
12:30 Kindy Assembly  
2:15 Year 2 Assembly

**Week 4**
Monday 27 October  
Author Visit - Oliver Phommavanh  
Wednesday 29 October  
Kinder Transition 3  
Thursday 30 October  
Music: Count Us In  
12:30 Stage 2 Assembly  
2:15 Stage 3 Assembly

Welcome to our new students  
Jad, Jacob, Annie,  
Ray and Jesse-James

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**Message from the Relieving Principal Mr Field**

Welcome back! I hope that everyone had a relaxing break and has come back ready to learn and work hard for a very busy Term 4. I am continuing in the role of relieving principal for Weeks 1 and 2 of Term 4 as Mrs Tasker is relieving at the DEC Ultimo Office as a Professional Support Officer for Weeks 1 - 4. In Week 3, Mrs Diamond will return from her leave and she will be taking on the role of relieving principal. Ms Goulder and Mrs Denner will continue to relieve as deputy principals with 4 Amber and 6 Amethyst being taught by Miss Wenham and Miss Markovska.

**Year 5 and 6 Camp**
The Year 5 and 6 students set off successfully from school on Monday morning and are now having a fantastic time at Wyee. We look forward to welcoming them back to school on Wednesday afternoon, when I am sure that the students and teachers will be looking forward to a good night’s sleep.

**Kindergarten Transition**
On Monday we welcomed our 2015 Kindergarten students and parents to school for the first of our three Kindergarten transition sessions. All of the children were very excited as they became more familiar with their "big school" for next year.

**Skoolbag App**
A reminder that we now have the Skoolbag iPhone and Android app to help us communicate more effectively with our parent community. To install it, just search for our school name "Casula Public School" in either the Apple App Store or Google Play Store. Please make sure you allow push notifications when prompted so that any alerts will come through on your phone.
Allergy Awareness
We have a number of students at Casula with severe food allergies and we are asking parents to reinforce the school’s message about keeping safe. The key messages are:
- always take allergies seriously
- severe allergies are no joke
- don’t share your food with friends who have food allergies
- wash your hands after eating or touching food
- know what your friends are allergic to
- if a friend/student becomes sick or unwell, get help from an adult immediately
- be respectful of a student’s adrenaline autoinjector (EpiPen)
- don’t pressure your friends to eat food that they are allergic to.

iPad App of the Week
Math Bingo: Choose from 4 games: addition, subtraction, multiplication or division. Select the correct answer on the grid until you get bingo. Three levels available. Option to set player profiles and track progress.
Suitable K-6 Price: $1.29

Mr Damien Field
Relieving Principal

Meet Miss Hayley Campbell
This is my first year at Casula Public School. I teach 3 Lemon and love sport, both watching and playing. My favourite subject is English, particularly reading!

AROUND THE SCHOOL

Persuasive Debaters
Congratulations to our debaters who won last week in the regional semi-final of the Premier’s Debating Challenge against Bradbury Public School. The team will now take on Georges Hall Public School in the regional final, with the winners going through to the state finals. Good luck to all the students involved!

Author Visit
As part of Book Week celebrations, Oliver Phommavanh, who is a funny children’s author and comedian will be visiting our school on Monday 27th October. His stories will make you laugh and cry. There is no cost for our students to meet and hear Oliver talk about himself and his books. Students will be able to purchase Oliver’s books on the day for a cost of $15 which he will gladly sign.

State Athletics Championships
Good luck to the following students who will represent Casula P.S at the upcoming state athletics carnival at Homebush Athletics Centre on Wednesday and Thursday this week.
Kazi Hasan - 100m and 200m
Mohamad Al-Asadi - 100m and 200m
Kazi Hasan, Mohamad Al-Asadi, Dyan Aziz and Ehaab Abdo - Senior Relay Team.
Congratulations and good luck competing against the best athletes in NSW!
Book Parade 2014

Thank you to all the parents, students and teachers for your wonderful efforts in contributing to our 2014 Book Parade. The theme was “Connect to Reading” and it was evident that many students and teachers have a strong connection to reading from the enthusiasm they showed in dressing up for the day. Thank you to all the parents who came along to watch the parade and support the students. A special thank you to Mrs Pucovski and Mrs Brown who organised our Book Week celebrations.

Fit and Healthy Tennis Lessons available at Club Marconi Tennis Centre.

Bookings & enquiries
982233336

Like Us on www.facebook.com/marconitennisandsquash
Location - Club Marconi Prairievale Rd, Bossley Park.
2014 SPORTING CHAMPIONS

At presentation Day, students will be awarded for their sporting achievements.

Criteria for selecting Junior and Senior Events Winners at school carnivals:
   a) The students must have turned 8, 9 or 10 years this year for the Junior Event Winner and 11, 12 or 13 years for the Senior Event Winner.
   b) Points are allocated for the three fastest times/longest-highest distances in the final events on the basis of three points for first, two points for second and one point for third.
   c) The student (Junior and Senior) with the most number of points will be awarded the medal.
   d) In the case of an equal number of points being scored, a shared award will be made.
   e) In the cross country event, the award will be given to the students with the fastest time in the junior and senior age groups. In the rare case of an equal time, a shared award will be made.
   f) Medals will be presented to Junior and Senior girls/ boys for athletics, swimming and cross country events.

Criteria for selecting Junior and Senior Sporting Champions:
   a) The students must have turned 8, 9 or 10 years this year for the Junior Sporting Champion and 11, 12 or 13 years this year for the Senior Sporting Champion.
   b) Points are allocated for the three fastest times/longest-highest distances in finals at school carnival; for representing the school the school in PSSA sporting teams; for zone, area and state representation in athletics, swimming, cross country and any other sport event such as netball, hockey, soccer, rugby league, rugby union and Australian rules football.
   c) Points will be allocated in the following way:
      • School carnivals - 3 for the fastest time, 2 for the second fastest time and 1 point for the third fastest time.

PSSA Teams
1 point - selected in school PSSA team
3 points - selected in a Liverpool zone PSSA team.
5 points - selected in a Sydney South West team.
8 points - selected in a state team.

Swimming/ Cross Country/ Athletics Carnivals
1 point - selected to represent Casula P.S. at zone carnival.
3 points - selected to represent Liverpool Zone at the area carnival.
5 points - selected to represent Sydney South West at state carnival.
8 points - selected to represent New South Wales at the national championships.

   • This award recognises students who are "good all round" sportspersons and show sportsmanship and who show a willingness to participate in a wide range of sporting activities.

Casula Public School in the News
You might have seen this article in the Liverpool Champion last week. The article is about our choirs who will be performing in the “Music: Count Us In” event. This is the largest musical event in Australia that draws together almost half a million students from over 2000 schools around the country. Music: Count Us In will take place on Thursday 30 October with the students travelling to Tumbalong Park in Darling Harbour to sing “Paint You a Song” with hundreds of other students.
The secret to raising happy, confident kids

Despite what you may think, the fundamental job of the parent has not changed since the dawn of time. And it’s never too early to start.

It’s amazing how resourceful kids can be when they are given the chance to resolve their own problems.

**Character**, what is essential for success, is forged under hardship and is needed if kids are to live a steady life. Kids need to be exposed to disappointment, failure and conflict if character strengths such as grit and perseverance are to be forged.

**INDEPENDENCE TAKES MANY FORMS**

Independence has many guises and can be developed in many ways, though in the end it is adults who are the gatekeepers for their children’s independence.

On a basic level developing independence is about developing children’s autonomy. Without realizing it, many parents make decisions on their children’s behalf. Kids build self-confidence when they do things for themselves, and make their own decisions.

Independence is built when children spend time in unpredictable circumstances and environments such as the bush, and also have the opportunity to navigate their neighbourhoods on their own. There may be some risk involved but that is where the learning lies. Eliminate the risk and you eliminate the learning.

Allowing kids to **follow their own impulses** even if they are different to your own is the key to gaining independence. This may mean that your child chooses healthy interests and pursuits that are unfamiliar with, or even swim against the tide of your wishes.

Allowing kids to take **responsibility** and their own problem builds confidence and competence. Start by expecting kids to help at home. Look for ways to develop self-help skills and can’t take their problems on as your problems.

**MANAGE VISUALLY**

When you end game is redundancy and your priority is independence building they managing your kids in a visual way becomes your most obvious strategy. Manage your mouth, in contrast, is a dependency strategy. So talk less, use signs, lists and posters backed up by consequences to develop independence and responsibility in your children.

**CREATE JUNIOR VERSIONS OF INDEPENDENCE**

It can be scary and also difficult developing independence in one big step. So smart parents intuitively develop junior versions of independence by breaking up big activities into digestible bits. Want your three-year-old to make the bed? Then start by arranging the teddies and the pillows is a junior version of making the bed and let them work their way up from there. Similarly, if you want your five-year-old to walk to school on his own but it’s currently beyond him, then accompany him most of the way and let him walk the last 200 metres on his own. That’s a junior version of walking to school.

In all the noise and confusion about raising kids today it’s easy to forget that the job description for parents hasn’t changed since the dawn of time. Love them, bond with them, teach them and spend time with them. But also work like mad to develop their real independence so they become capable of handling what life will throw their way.

Then you’ll know your job as a parent is done. It doesn’t mean you won’t stop worrying about them... that’s a story for another time. But it does mean you’ve finished the main task of parenting, that is, to make yourself redundant at the earliest possible age.
CASULA HIGH SCHOOL UPDATE

This week at Casula High:

- Two of our students were successful in gaining selection for the NSW State Athletics Championships. Well Done!!
- Our Year 10 students have recently completed their Peer Support training. These students will now lead our local Primary school students in excursions to the Powerhouse Museum and look forward to meeting all of our new Year 7 students on orientation day.
- Our Indigenous Garden is now complete. A big thank you to all of our students who put in a lot of effort learning about native flora and making it look wonderful.
- Our Year 9 and 11 Drama students are in the early stages of planning a musical, how exciting!!
- Our library is updating its furniture and fixtures to turn it into a hot and happening learning space in the future. Come check it out!
- The Casula High School water rocket challenge team recently place third in Australia. Great work.
- For more updates on our exciting achievements why not like us on Facebook? Find us at www.facebook.com/casulahghschool

If you have any queries please contact the school on 9602-4270. Simon O’Donnell, Relieving Transition Co-ordinator

Jessie’s FLORIST

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